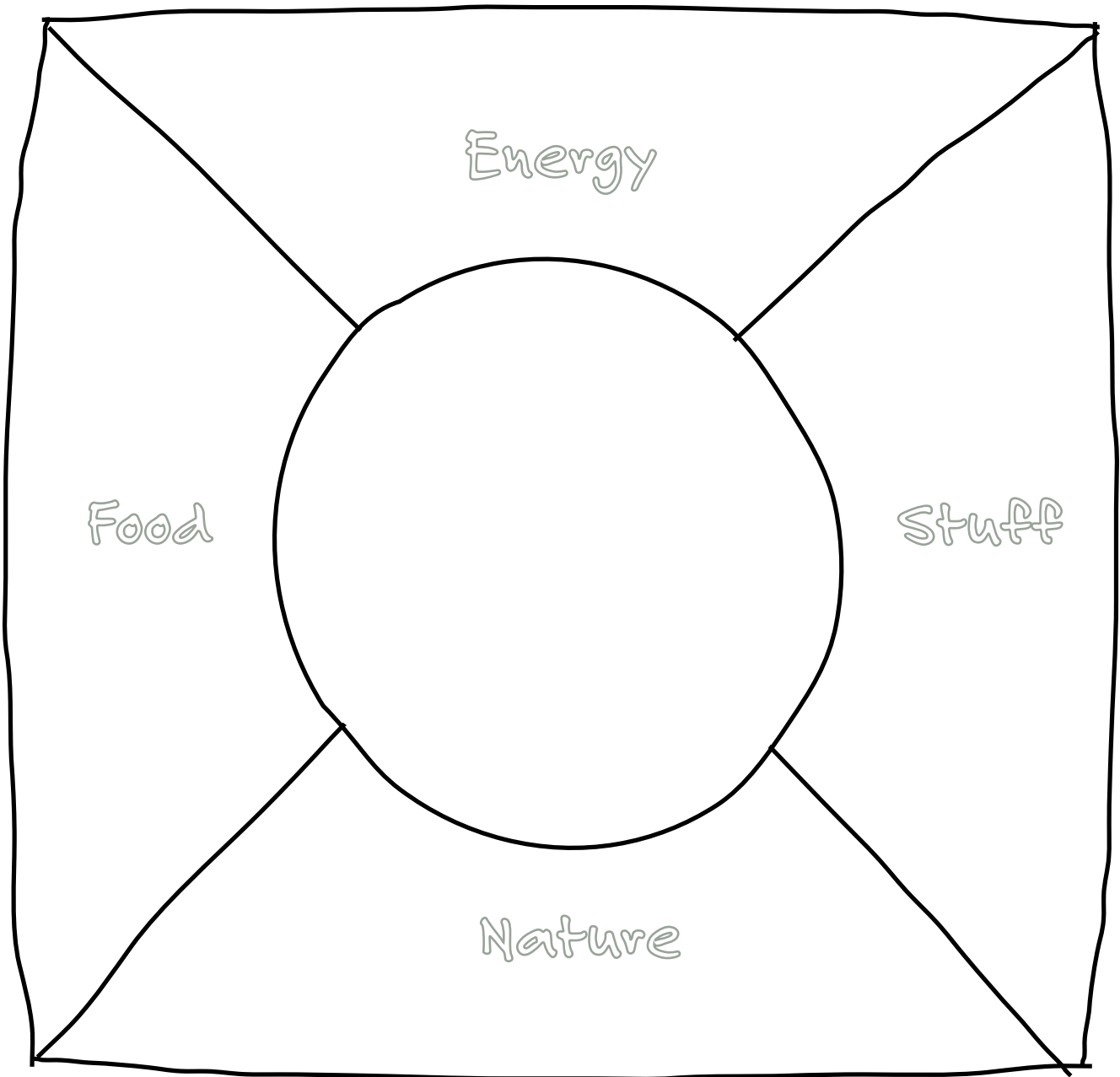


My Creation Collage

What does your relationship with God's creation look like? Think about your lifestyle, what you consume, what daily choices you make, your relationship with money, food, clothing, material goods, and possessions. Where do you notice imbalance? What is there too much of in your life? What is there not enough of?

In the four spaces outside the circle write or draw some ways in which you contribute to this abuse of creation, both indirectly and directly? In the inner circle write one (or more) step you will include in your rule of life to contribute to the healing of creation.

You might use the medium of collage in this exercise - visit SSJE.org/growrule to see examples.



How do your lifestyle choices effect others, especially those who are more vulnerable?

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